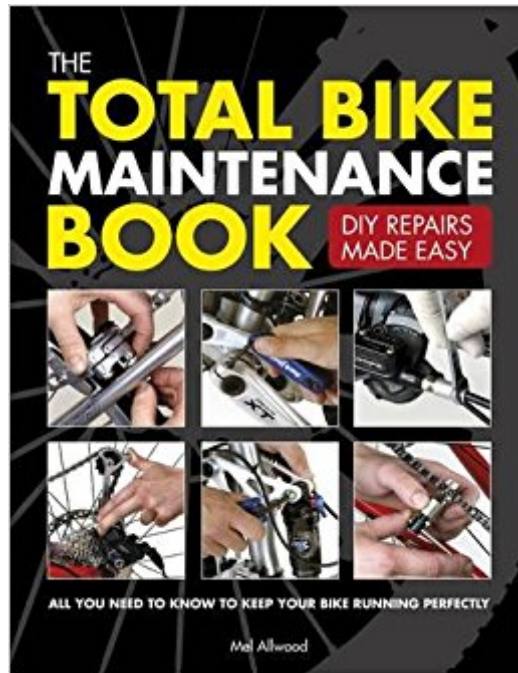




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# The Total Bike Maintenance Book: DIY Repairs Made Easy



## Synopsis

In these environmentally and economically conscious times, bikes are the smart transportation alternative. The Total Bike Maintenance Book is a comprehensive guide to keeping all the main types of bike--road, hybrid, and mountain--in tiptop condition. Written by a leading expert, this straightforward, easy-to-understand manual provides detailed information on each mechanical area of the bike, with tips and troubleshooting ideas for every problem that could arise. From simple repairs to complex maintenance, the solution is here, illustrated with step-by-step photographic instructions.

## Book Information

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## Customer Reviews

Mel Allwood is a director of Brixton Cycles, one of the best-known independent bike shops in London. She has worked in bicycle shops since the age of 15, giving her decades of experience in buying, selling, and servicing all different types of bikes. Mel lives in London.

I love this book. I've been riding my touring bike for several years now, but I'm tired of paying someone else to take it apart and put it back together whenever I travel. I know absolutely nothing about anything mechanical, so I'm starting from scratch. While no book can teach you everything, the step-by-step photos in this book are a major help. I'm starting at the very beginning, having to even look up what a "cone wrench" (or spanner in the book) is, etc, etc, but the book gives me the confidence to believe that I can actually do the repair. No, I don't plan on ever truing my wheels or the truly complicated stuff, but to know how that I can actually do a basic emergency road repair is a

majo relief. I really recommend this book. FWIW, the author is a Brit, but if you have even a basic tool knowledge, then it's a no-brainer/no-issue (translation: if even I can understand it, lol, then it's not going to be a problem).

No matter whether you're new to bicycling and looking for a list of basic gear and a "road map" of your new bike, or whether you are ready to do your own repairs and replacements, this book has it all. I have gone through the book page by page, skimming over many of the repairs at this point but reading and re-reading most of the rest of the material. I feel much more comfortable now than I initially did about getting out on the road and being able to handle at least the simple problems that might arise, and I feel more comfortable with the bike because I understand its parts and how they operate. I also learned a tremendous amount about the transmission and shifting that I never knew. I now know when and how to shift properly and don't feel overwhelmed by all the speeds. The material is clearly written and accompanied by numerous clear, full color photographs, and the organization of the book is terrific. There are some particularly helpful sections, such as putting together a basic repair kit and handling emergency repairs on the road, a routine safety checklist before every ride, a regular cleaning routine, and how to set up your bike for your own comfort and purpose. This book was a real find, and even though I haven't had to use it yet for repairs, it has been of tremendous help in getting me going on my way to bicycling once again. I highly recommend it to anyone who owns a bike.

I should note that this book is British. In and of itself there is nothing wrong with it but, besides a recommendation to have a cup of tea while waiting for the chain oil to settle, some of the terminology can be a bit different than American terminology. I think that this is a good book. The author does not seem to have any agenda (perhaps a preference to mountain bikes and hybrids as opposed to road bikes, judging from the illustrations). The book is very thorough and instructive. It is very well illustrated (only color photographs). It is worthwhile having even without doing too much heavy-duty maintenance on one's bike.

Overall I am pleased with the book and I am glad to have it in my library. In my opinion, the photos are the weak link in this book. On a scale of 1-10 with 10 being outstanding I'd give them a 7.5. The discussions are clear and let's be frank, bicycle mechanisms are not that difficult to grasp in concept. Where this book helps is in understanding some of the finer points and keeping you out of trouble.

I purchased the book based on previous reviews. Just what I needed for learning & upkeep for a GT Talera 4.0 Hybrid. Packaging feedback: Not happy. It's a somewhat heavy softcover book. The manual was placed in a much larger box along with other items. No attempt to protect against shifting so received with some damage to corners. I will try to correct the upturned ends with stack of heavy books and hope it'll do the job of flattening upturned corners.

This was purchased for one of my kids to refer to. Pictures are clear. Text is readable and understandable. Not unlike any other maintenance manual, there are always things that we would like them to have done differently. I would recommend this book to anyone who would like to brush up on, or increase, their knowledge of bicycle maintenance.

all you need to fix your bike.

Great information most comprehensive book on this topic I've seen and I must have at least five of them by as many authors, a great reference book.

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